



Address

of

Dr. Hari Babu Kambhampati
Hon'ble Governor of Mizoram

On The Occasion of

Live Screening of
Hon'ble Prime Minister's Pariksha Pe Charcha

At

Govt. Mizo High School
Multipurpose Hall, Chanmari

On

29th January, 2024.

Officials, teachers, parents, my dear students.

I am extremely happy to join you today for this year's edition of our Hon'ble Prime Minister's "Pariksha Pe Charcha".

Hon'ble Prime Minister has been holding this annual event since 2018, where he speaks about dealing with the stress of exams.

He has also written a book called 'Exam Warriors', in which he has given useful mantras on how to deal with exams.

Examinations are an integral part of our education process. They are meant to assess the knowledge that we have gathered from our studies.

However, it is very important to remember that exams are not the end of everything.

In fact, they are merely stepping stones for even greater things in life.

You must not allow examinations to give you mental and physical stress. While it is correct that you must study diligently for your exams, you should avoid stress at all cost.

In any case, if you are mentally stressed out, you will not be able to study. Therefore, you must take good care of your body, both physically and mentally.

Physical exercises are known to produce happy hormones, which will help you to relax and study better.

You must also remember that your marks do not define what you become.

It is absolutely wonderful to get high marks, and you must attempt to do so. However, getting low marks does not at all mean that you will not succeed in life.

You must never be afraid of failure. It is your response to challenges and obstacles which will define your success in life.

To all the parents present here, I request you not to give undue pressure on your children.

I understand that as parents, we all want our children to succeed. For that, we must constantly support and encourage them.

However, we must take great care to make sure that we do not cross the limit. Very often, we hear tragic news about students taking their own lives. We must ensure that our children are physically and mentally healthy.

I take this opportunity to share few words of encouragement to my dear students. As we all know, Mizoram is a remote and isolated State with potential for massive developments.

We look to you, our educated youth, to lead us into a bright future. There are so many opportunities waiting for you both within and outside the State. For this, you should take care of your health, study hard, and you must keep on dreaming.

Our beloved former President, Late Dr. APJ Abdul Kalam said, "All of us do not have equal talent. But, all of us have an equal opportunity to develop our talents."

Therefore, it is up to all of you as individuals to develop your talents and achieve success in life.

I thank Hon'ble Prime Minister for his genuine affection and care towards our students. I request you to listen attentively to his speech, and you must try to follow his advice.

I thank the School Education Department and the School administration for this programme.

Thank you.

Jai Hind.