



# COMPOSITE REGIONAL CENTRE, NELLORE

## CERTIFICATE COURSE IN CARE GIVING C.C.C.G.



### COMPOSITE REGIONAL CENTRE FOR SKILL DEVELOPMENT, REHABILITATION & EMPOWERMENT OF PERSONS WITH DISABILITIES, NELLORE, A.P

NATIONAL INSTITUTE FOR THE EMPOWERMENT OF PERSONS WITH  
INTELLECTUAL DISABILITIES ( DIVYANGJAN)

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# 1.Introduction

Care givers can mediate to improve the quality of life for persons with disabilities and anybody having a physical impairment or functional limitations and chronic illness. This will help them to live in a hygienic environment and live healthy to be integrated into society.

The UNCRPD and the Sustainable Development Goals (SDGs) are global initiatives that aim to create an inclusive society where everyone can contribute to the country's development.

The Government of India is putting all efforts to ensure that health of all citizens are taken care and governments contribution to health of a population also derives from social determinants of health like living conditions, nutrition, safe drinking water, sanitation, education, early child development and social security measures.

The aim of the course is to impart training of Care giving to develop care givers to meet the challenges families and friends of a patient with serious illness face and how they can care for and support them as a provider, social worker or family friend. Supporting Families and Caregivers especially focuses on the children of a patient with serious illness and their caregiver, and teaches the best way to empower them to get the support they need.

In the light of New Education Policy (NEP-2020) and advancement of technology inclusion of all people including Divyangjan and elderly population are essential for the towards sustainable development. The syllabus is reviewed and restructured as per the guidelines of National Credit Frame Work 2022. The credit accumulated by the candidate will be re-deposited in Academic bank of Credit (ABC). This credit will enhance their career growth.

The magnitude of the problem of disability is vast and its impact is very severe on the individual, family and the community. People with disability exist in every society and a part of everyday life. They bring diversities and abilities to their communities. They are entitled to human rights as every other person and should be included equitably in all aspects of the society and India also heading for a aging Society.

India is moving ahead in the 21st century in diverse areas of development. As a part of its global and national commitments, India has signed and ratified the UN convention on the rights of person with disability in 2006 and further enactment of RPwDs Act 2016. This shows India's commitment to provide equal rights to persons with disabilities.

The World report on Disability released in 2011 identifies 15% of the global population as consisting of people with disability, with five people living in poverty in developing countries having disability. India is a home for a vast number of persons with disability which ranges between (70-100) million. Majority of them live in rural /tribal areas of India.

This further requires training of generic Rehabilitation workers to work at grass root levels both at rural and urban (impoverished) to prepare people with disabilities for inclusion in the mainstream development program. Care and assistance to people who need help with their daily activities due to illness, disability, or aging is the need of the hour. Certificate course in care giving takes a deep dive

into the challenges families and friends of a patient with serious illness face and how they can care for and support them as a provider, social worker or family friend. Supporting Families and Caregivers especially focuses on the children of a patient with serious illness and their caregiver, and teaches them the best way to empower them to get the support they need.

Therefore, it is necessary to develop Care givers training program to mitigate the increased globalization and modernization which has brought about problems of old age, disaster related injuries, mental stress disorders & paucity of trained rehabilitation professionals and personnel.

In view of these phenomena, the RCI, a registered statutory body has taken a decision to meet the challenge for the need of care giving from the family unit to the community and the institution as an important component of a continuing care and rehabilitation.

The concept of care giving and creation of a cadre of care givers is the need of the country. The availability of trained care givers and operationalizing the programme in care giving, will fulfill the needs of the chronically ill, elderly and persons with disability increasing at an alarming rate.

### **Nomenclature of the Programme: Certificate Course in Care Giving i.e. C.C.C.G.**

#### **Objectives**

1. To prepare a cadre of trained care givers to provide basic care for Persons with Disabilities, chronic illness, geriatric population etc. at home, community and institutions
2. To address various challenges that care givers should be familiar when they work with PWDs, mental health, chronic illness and geriatric population.
3. To develop the skills to communicate effectively.
4. To develop appropriate etiquette when working with the PWDs and the persons need care.
5. To develop the time management and organizational skills necessary to provide efficient care for clients.
6. To make them aware about the inclusive technology used for the persons who need appropriate services.

#### **3.0 Scope of the Programme:**

To assist people who need help with their daily activities due to illness, disability, or aging. Supporting Families and Caregivers especially focuses on the children of a patient with serious illness and their caregiver, and teaches you the best way to empower them to get the support they need.

By the end of this course, they will be able to provide critical avenues of support for the people who are instrumental to the patients care, wellbeing and quality of life.

Caregivers can be employed by private households, private care agencies, long term care facilities, not for profit charitable agencies, home care, within the community, and assisted living facilities and lodges. Can be self-employed.

#### **4.0 Duration of the Program:**

Duration of the programme will be of 1 year with 1200 hours leading to 40 credits (30 hours = 1 credit). The weightage to the programme will be 60% practical and 40% theory. The course work will comprise of 720 hours of practical and 480 hours of theory. The theory hours will also include 60 hours of Employability skills (Soft Skills). The resources for the same are freely downloadable at

[www.employabilityskills.net](http://www.employabilityskills.net). This will enable and empower the trainees with readiness for applying, working as professionals in supporting diverse students across different setups. This 2 credit (60 hours) module is appended in annexure. The module will also have a weightage of 60:40 of practical and theory with formative assessment at internal and the final exam.

#### **5.0 Eligibility:**

The minimum entry qualifications is 10<sup>th</sup> or equivalent pass.

#### **6.0 Medium of Instruction:**

The medium of instruction will be English / Hindi / Regional language

#### **7.0 Methodology:** Offline Mode with standard teaching methods.

b) Teacher Student Ratio: 1:10

#### **9.0 Intake capacity:**

The intake for each year of the course will be 30 maximum

#### **10.0 Minimum attendance/ Working days:**

80% of the total course duration

#### **11.0 Examination pattern:**

Internal/External/ Practical/Viva : 40% internal and 60% External

Dissertation (if any): One case study as per the interest of the candidate

#### **12.0 Criteria of Passing:** 40% Theory and 50% Practical.

Board of Examiners/ Examination Scheme: As per NBER norms, Continuous Assessment and Term End Examination.

**Award of Degree:** Certificate in Care Giving, Awarded by NBER-RCI

#### **15.0 Registration as Personnel/Professional and Category of Registration:**

It is mandatory for every rehabilitation professional / personnel to obtain a “Registered Personnel/ Professional Certificate” from the Rehabilitation Council of India to work in the field of disability and special education in India. A Student who has attended the training and completed the requirements for all modules successfully will be qualified as a **Community Based Rehabilitation - Personnel** and be eligible to work in the field of Rehabilitation in India as a **Care Giver**. As continuous professional growth is necessary for the renewal of the certificate, the rehabilitation professional / personnel should undergo in-service programme periodically to update their professional knowledge. Each registered professional/personnel will be required to get himself /herself renew his registration periodically. The periodicity will be decided by the council from time to time. The activities for enrichment training programmes in the form of Continuous Rehabilitation Education (CRE) is decided by the RCI.

#### **16.0 COURSEWISE HOURS, CREDITS AND MARKS DISTRIBUTION**

This course will have Eight Modules out of which **Module ‘A’, Module ‘B’** and **Employability Skills** are compulsory. Any two modules can be opted from the Module ‘C’ to ‘G’

i. Paper wise Objectives/ Learning outcomes

Module	Objectives	Learning outcomes
<p>Module A (Employability Skill and Soft Skill)</p> <p>Compulsory</p>	<p>To teach about ethics, soft skills, citizenship, ADIP, technologies, brief about all 21 disabilities orientation, disabling conditions of geriatric population all Govt. schemes in disability sector, diagnostic tools health, nutrition, general care giving, concession and benefits for the persons with disability under various Govt. schemes, communication skills.</p>	<p>To learn about ethics, soft skills, citizenship, ADIP, technologies, brief about all 21 disabilities orientation, disabling conditions of geriatric population all Govt. schemes in disability sector, diagnostic tools health, nutrition, general care giving, concession and benefits for the persons with disability under various Govt. schemes, communication skills.</p>
<p>Module B</p> <p>Compulsory</p>	<p>To teach Mental Health for Persons with Disabilities, Parkinson's disease, Chronic illness patients and Geriatric Population about explanation of illness and disabling condition, Problem of disability, care in illness and emergency.</p>	<p>To learn about the psychological adjustment, positive support system, this will produce care givers to provide psychological support to persons with 21 types of disabilities by understanding their needs, giving examples, linking them with peer of similar problems to resolve the problem face by them.</p>
<p>Module C</p>	<p>To teach about Autism,</p>	<p>To learn about Autism,</p>

(Optional)-Elective	Cerebral Palsy, Intellectual disabilities, and Multiple Disabilities including deaf-blindness. Their family dynamics, ADL activities, use and maintenance of Orthosis and other Assistive devices, behavioral management etc	Cerebral Palsy, Intellectual disabilities, and Multiple Disabilities including deaf-blindness. Their family dynamics, ADL activities, use and maintenance of Orthosis and other Assistive devices, behavioral management etc and taking care of above persons to maintain quality of life.
Module D (Optional)- Elective	To teach about Mental Illness, Dementia, Thalassaemia, Hemophilia, Sickle Cell disease, and other disabling conditions and how to take care.	To learn about Mental Illness, Dementia, Thalassaemia, Hemophilia, Sickle Cell disease, and other disabling conditions and care giving process.
Module E (Optional)- Elective	To teach about Locomotor Impairment due to conditions including trauma, Spinal Cord Injury, head injury, stroke, Osteoporosis, poliomyelitis, Muscular Dystrophy, arthritis, Leprosy Cured, old age, Leprosy Cured persons, Dwarfism, Acid Attack victim and how to take care.	To learn about Locomotor Impairment due to conditions including trauma, Spinal Cord Injury, head injury, stroke, Osteoporosis, poliomyelitis, Muscular Dystrophy, arthritis, Leprosy Cured, old age, Leprosy Cured persons, Dwarfism, Acid Attack victim and care giving process.
Module F (Optional)- Elective	To teach Deaf-blindness, Hearing Impairment (deaf and hard of hearing) and how to take care.	To learn Deaf-blindness, Hearing Impairment (deaf and hard of hearing) and care giving process.
Module G (Optional)- Elective	To teach Visual Impairment, Low-vision and how to take care.	To learn Visual Impairment, Low-vision and care giving process.

Employability Skills	To teach about ethics, soft skills, citizenship, communication skills (spoken and written) To expose the students to leadership and team-building skills.	To learn about ethics, soft skills, citizenship, develop communication skills. Build team and lead it for problem solving.
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ii. Annual programme structure with breakup of hours and credits (Theory / Practical): Annual Program with Term End examination. Units and Chapter details mentioned along with credits/marks and number of hours (Theory / Practical) (Elective – Any two)