

MENTAL HEALTH PROGRAMME

(State Government of Maharashtra)

- **Date :** 22-09-2025

Introduction-

The World Health Organization defines Mental Health as an integral part of health; indeed, there is no health without mental health and determined by a range of socio-economic, biological, and environmental factors and not just the mere absence of Mental Disorder.

Mental disorder is characterized by a clinically significant disturbance in an individual's cognition, emotional regulation, or behavior. It is usually associated with distress or impairment in important areas of functioning. There are many different types of mental disorders.

Mental disorders may also be referred to as mental health conditions. The latter is a broader term covering mental disorders, psychosocial disabilities, and (other) mental states associated with significant distress, impairment in functioning, or risk of self-harm. Due to changing environments, competitive life, outbreaks of epidemics, uncertainty of survival, etc., stress, depression, anxiety, and tension increase in society, leading to the development of mental disorders in many.

Implementation of Mental Health Programme –

- Regional Mental Hospitals (RMH)
- National Mental Health Programme
- District Mental Health Programme
- Telemanas Programme

Services Provided-

- OPD
- IPD
- Treatment for various diseases
- Counseling
- De-addiction Services
- Vocational Training
- Yoga

Beneficiary:

Individuals suffering from mental health disorders.

Benefits:

Access to outpatient and inpatient care (OPD & IPD).

How To Apply

Contact local mental health facilities or hospitals under the Regional Mental Hospitals network.

More Details :

Please see the attachment pdf file.

Contact :

DISTRICT HEALTH OFFICE, ZILLHA PARISHAD AKOLA Phone : 0724-2437375

E-mail : dhoako@rediffmail.com